***BCoFD Refresher Guide for BLS & ALS****Courses listed are suggestions for filling in education requirements of National registry, only use courses you have taken or attended.*

If you are due to recertify this year, your National Registry’s expiration date is **March 31st**. Here are a couple of things you need to know and do:

1. Log into your National registry account
2. Make sure you are Affiliated with Baltimore County Fire Department. On your “Dashboard”, scroll down until you see “agency Affiliation,” if you are not affiliated with BCoFD, please add an affiliation so you can be recertified.
3. To recertify, you will need to do a few things.
   1. **Nationally Registered EMTs**
4. 20 Hours of National Core Content
5. 10 Hours of Local Content (5 of the hours must be classroom)
6. 10 Hours of Individual Content

**Career:** BCoFD Online Refresher (12 Hours) in addition to the 12 hour Skill Sessions completed throughout the year.

**Volunteer/Career:** MFRI EMT Refresher Class (24 Hours). This covers your National Core Content. You may add the additional 4 hours in Local Content.

Refer to <https://www.nremt.org/rwd/public/document/emt-recert> for additional information.

* 1. **Maryland EMTs**

1. 4 Hours Didactic & 4 hours Psychomotor of Trauma Content
2. 4 hours Didactic & 4 hours Psychomotor of Medical Content
3. 4 Hours Didactic & 4 hours Psychomotor of Local Content

**Career:** BCoFD Online Refresher (12 Hours) in addition to the 12 hour Skill Sessions completed throughout the year.

**Volunteer/Career:** MFRI EMT Refresher Class (24 Hours). This covers your National and Local Content.

* 1. **National Registered Paramedics and Maryland CRTs**

1. 30 Hours of Core Content
2. 15 Hours of Local Content (5 of the hours must be classroom)
3. 15 Hours of Individual Content

BCoFD ALS ONLINE Refresher (30 hours) or MFRI ALS Refresher (30 hours) either program covers National Core Content.

\*NEW\* Complete ALS State Content (10 hours) <https://www.emsonlinetraining.org/>

1. Courses that you can use for Con – Ed for recertification.
   1. Take a BLS CPR Class (Initial Certification: 4 Hours; Renewal: 2 hours)
   2. EMS Safety related classes. Officer related classes will **NOT** count.
   3. BCoFD Courses
      1. BCoFD Hazmat Operations Refresher (1 Hour)
      2. BCoFD TECC (4 Hours)
      3. Bloodborne Pathogens (1 Hour)
   4. MFRI Courses
      1. MFRI EVOC - 24 Hours
      2. MFRI EVOC Refresher - 12 Hours
      3. MFRI Hazmat Awareness - 6 Hours
      4. MFRI Hazmat Operations - 36 Hours
      5. MFRI Technician - 60 Hours
      6. MFRI Traffic Incident Management – Abridged (4 Hours)
      7. MFRI EMT Refresher Class (12 Hours). The 25 full EMT Refresher Class will give you 12 hours of classroom for Con- Ed.
   5. MIEMSS Con- Ed courses for providers located on [www.emsonlinetraining.org](http://www.emsonlinetraining.org)
   6. NAEMT Courses
      1. Advanced Medical Life Support (AMLS) – 16 Hours
      2. Emergency Pediatric Care (EPC) – 16 Hours
      3. Prehospital trauma Life Support (PHTLS) – 16 Hours
      4. Tactical Emergency Casualty Care (TECC) – 16 Hours
      5. Geriatric Education for EMS (GEMS) – 8 Hours
   7. BCoFD Sponsored Con- Ed Courses (Hours vary)
   8. FEMA Independent Study Classes
      1. IS-100 – 2 Hours
      2. IS-200 – 4 Hours
      3. IS-300 – 18 Hours
      4. IS-400 – 16 Hours
      5. IS-700 – 3.5 Hours
      6. IS-800 - Hours

*\*\*Please note MD Protocol Updates are included in the ALS State Content & BLS Refresher\*\**

*\*\*Do not use for additional hours for recertification\*\**

1. Enter your training into NREMT, you will also need to upload a transcript / certification card with each class you enter.
2. Any questions, please contact PM Jaimie Philpott via email at [jphilpott@baltimorecountymd.gov](mailto:jphilpott@baltimorecountymd.gov) or telephone at 410-887-7582