

# **BCoFD Refresher Guide for BLS & ALS**

**Courses listed are suggestions for filling in education requirements of National Registry, only use courses you have taken or attended.**

If you are due to recertify this year, your National Registry's expiration date is March 31<sup>st</sup>. Here are a couple of things you need to know and do:

1. Log into your National Registry account
2. Make sure you are Affiliated with Baltimore County Fire Department. On your "Dashboard", scroll down until you see "Agency Affiliation". If you are not affiliated with BCoFD, please add an affiliation so you can be recertified.
3. To recertify, you will need to do a few things.

## Nationally Registered EMTs

- i. 20 Hours of Core Content
- ii. 10 Hours of Local Content (5 of the hours must be classroom)
- iii. 10 Hours of Individual Content

Take the BCoFD Online Refresher (24 hours) including skill sessions or MFRI EMT Refresher Class (24 Hours). This covers your Core Content plus 4 hours you can place into local content

## Maryland EMTs

- i. 4 Hours Didactic & 4 hours Psychomotor of Trauma Content
- ii. 4 Hours Didactic & 4 hours Psychomotor of Medical Content
- iii. 4 Hours Didactic & 4 hours Psychomotor of Local Content

Take the BCoFD Online Refresher (24 hours) including on-duty skill sessions or MFRI EMT Refresher Class (24 Hours). This covers your Core and Local Content

## Nationally Registered Paramedics and Maryland CRTs

- i. 30 Hours of Core Content
- ii. 15 Hours of Local Content (5 of the hours must be classroom)
- iii. 15 Hours of Individual Content

Take the BCoFD ALS Refresher (30 hours) or MFRI ALS Refresher class (30 Hours). This covers your Core Content.

4. Courses that you can use for Con-Ed for recertification.
  - a. Take a BLS CPR Class (Initial Certification: 4 Hours; Renewal: 2 hours)
  - b. Take your MIEMSS Protocol Updates (1 +/- Hours each year)
  - c. EMS Safety related classes. Officer related classes will **NOT** count.
  - d. BCoFD Courses
    - i. BCoFD HazMat Operations Refresher (1 hour)
    - ii. BCoFD TECC (4 hours)
    - iii. Bloodborne Pathogens (1 hour)
  - e. MFRI Courses
    - i. MFRI EVOC (24 Hours)
    - ii. MFRI EVOC Refresher (12 Hours)
    - iii. MFRI HazMat Awareness (6 Hours)
    - iv. MFRI HazMat Operations (36 Hours)
    - v. MFRI HazMat Technician (60 Hours)
    - vi. MFRI Traffic Incident Management – Abridged (4 Hours)
    - vii. MFRI EMT Refresher Class (12 Hours). The 24 Full EMT Refresher Class will give you 12 hours of classroom for Con-Ed.
  - f. MIEMSS Con-Ed courses for providers located on [www.emsonlinetraining.org](http://www.emsonlinetraining.org)
  - g. NAEMT Courses
    - i. Advanced Medical Life Support (AMLS) – 16 Hours
    - ii. Emergency Pediatric Care (EPC) – 16 Hours
    - iii. Prehospital Trauma Life Support (PHTLS) – 16 Hours
    - iv. Tactical Emergency Casualty Care (TECC) – 16 Hours
    - v. Geriatric Education for EMS (GEMS) – 8 hours
  - h. BCoFD Sponsored Con-Ed Courses (Hours Vary)
    - i. FEMA Independent Study classes
      - i. IS-100 (2 Hours)
      - ii. IS-200 (4 Hours)
      - iii. IS-300 (18 Hours)
      - iv. IS-400 (16 Hours)
      - v. IS-700 (3.5 Hours)
      - vi. IS-800 (3 Hours)

5. Enter your training into NREMT, you will also need to upload a transcript / certification card with each class you enter.

6. Any questions, please contact PM Jaimie Philpott via email at

[jphilpott@baltimorecountymd.gov](mailto:jphilpott@baltimorecountymd.gov) or telephone at 410-887-7582

## Entering education on NREMT website

Go to: [www.nremt.org](http://www.nremt.org)

-Log In

-Change **My Current Role: My certification**

-Then **Add A Course**

### NATIONAL (30 hours/Max 10 online) - BCoFD ALS Refresher

#### **COURSE DETAILS**

- **Course Type:** Continuing Education
- **Course Name:** “National Continued Competency Requirements (NCCR) – ALS Refresher Part 1”
- **Course Approved By:** State EMS Office: Maryland
- **Course Completion Date:** Date of final lecture
- **Course Duration:** 24 Hours: 00 Minutes
- **Did you teach this course?** No
- **Was an instructor present at this course?** Yes

#### **COURSE LOCATION**

- **Country:** United States
- **Enter a State or City, or a Postal Code:** State and City
- **State:** Maryland
- **City:** Woodlawn (if taken at Sta 3/Woodlawn): or appropriate for your location

#### **ADDITIONAL COURSE INFORMATION**

- **Lead Instructor Name:** fill in if desired
- **Course Description:** fill in if desired
- **Sponsor:** Baltimore County Fire Department/Maryland Fire Rescue Institute
- **Save & View Transcript/Save & Upload Attachments\*/Save & Add Another Course**
  - \*Can upload course completion certificate or transcript with course if desired, keep for personal records

### NATIONAL (30 hours/Max 10 online) - MFRI ALS Refresher

#### **COURSE DETAILS**

- **Course Type:** National Component (NCCR)
- **Course Name:** “National Continued Competency Requirements (NCCR) – ALS Refresher Part 1”
- **Course Approved By:** State EMS Office: Maryland
- **Course Completion Date:** Date of final lecture
- **Course Duration:** 24 Hours: 00 Minutes
- **Did you teach this course?** No
- **Was an instructor present at this course?** Yes

### ***COURSE LOCATION***

- **Country:** United States
- **Enter a State or City, or a Postal Code:** State and City
- **State:** Maryland
- **City:** Woodlawn (if taken at Sta 3/Woodlawn): or appropriate for your location

### ***ADDITIONAL COURSE INFORMATION***

- **Lead Instructor Name:** fill in if desired
- **Course Description:** fill in if desired
- **Sponsor:** Baltimore County Fire Department/Maryland Fire Rescue Institute
- **Save & View Transcript/Save & Upload Attachments\*/Save & Add Another Course**
  - \*Can upload course completion certificate or transcript with course if desired, keep for personal records

## **NCCR – Online Course – MFRI ALS Refresher**

### ***COURSE DETAILS***

- **Course Type:** National Component (NCCR)
- **Course Name:** “National Continued Competency Requirements (NCCR) – ALS Refresher Part 2”
- **Course Approved By:** State EMS Office: Maryland
- **Course Completion Date:** Date of final online module
- **Course Duration:** 6 Hours: 00 Minutes
- **Did you teach this course?** No
- **Was an instructor present at this course?** No

### ***COURSE LOCATION***

- **Country:** United States
- **Enter a State or City, or a Postal Code:** State and City
- **State:** Maryland or state where you completed the majority of the online portion
- **City:** city closest to where you completed the majority of the online portion

### ***ADDITIONAL COURSE INFORMATION***

- **Lead Instructor Name:** fill in if desired
- **Course Description:** fill in if desired
- **Sponsor:** Baltimore County Fire Department/Maryland Fire Rescue Institute
- **Save & View Transcript/Save & Upload Attachments\*/Save & Add Another Course**
  - \*Can upload course completion certificate or transcript with course if desired, keep for personal records

## LOCAL (15 hours/Max 10 online)

### **COURSE DETAILS**

- **Course Type:** Continuing Education Course
- **Course Name:** “Maryland ALS Protocol Update 2018”
- **Course Approved By:** State EMS Office: Maryland
- **Course Completion Date:** Date on MIEMSS Certificate
- **Course Duration:** 2 Hours: 00 Minutes
- **Did you teach this course?** No
- **Was an instructor present at this course?** No

### **COURSE LOCATION**

- **Country:** United States
- **Enter a State or City, or a Postal Code:** State and City
- **State:** Maryland or state where you completed the majority of the online portion
- **City:** city closest to where you completed the majority of the online portion

### **ADDITIONAL COURSE INFORMATION**

- **Lead Instructor Name:** none
- **Course Description:** fill in if desired
- **Sponsor:** Maryland Institute of Emergency Medical Services System
- **Save & View Transcript/Save & Upload Attachments\*/Save & Add Another Course**
  - \*Can upload course completion certificate or transcript with course if desired, keep for personal records.

### • **Ideas for Local/State Hours**

Course Name	Course Sponsor	Course Duration
Maryland ALS Protocol Update 2018	Maryland Institute Emergency Medical Services System	2.0 Hours
Maryland ALS Protocol Update 2019	Maryland Institute Emergency Medical Services System	1.0 Hour
Ketamine	Baltimore County Fire Department	0.5 Hours
Verapamil	Baltimore County Fire Department	0.5 Hours
Topics in EMS (Spring/Fall Sessions)	Johns Hopkins Bayview	7.0 Hours
ACLS	Maryland Fire Rescue Institute or BCoFD	16.0 Hours
AMLS	Maryland Fire Rescue Institute	16.0 Hours
Shock Trauma Lecture Series	R. Adams Cowley Shock Trauma Center	1.5 Hours
GEMS	Maryland Fire Rescue Institute	8.0 Hours
TECC	Baltimore County Fire Department	4.0 Hours

## INDIVIDUAL (15 hours/Max 15 hours online)

### ***COURSE DETAILS***

**Course Type:** Continuing Education Course

**Course Name:** CPR

**Course Approved By:** State EMS Office: Maryland

**Course Completion Date:** Date completed on duty

**Course Duration:** 2 Hours: 00 Minutes

**Did you teach this course?** No

**Was an instructor present at this course?** No

### ***COURSE LOCATION***

**Country:** United States

**Enter a State or City, or a Postal Code:** State and City

**State:** Maryland or state where you completed the majority of the online portion

**City:** city closest to where you completed the majority of the online portion

### ***ADDITIONAL COURSE INFORMATION***

**Lead Instructor Name:** none

**Course Description:** fill in if desired

**Sponsor:** Baltimore County Fire Department

**Save & View Transcript/Save & Upload Attachments\*/Save & Add Another Course**

\*Can upload course completion certificate or transcript with course if desired, keep for personal records.

## Ideas for Individual Hours

Course Name	Course Sponsor	Course Duration
2018 Hazardous Materials Refresher	Baltimore County Fire Department	1.0 Hours
2019 Hazardous Materials Refresher	Baltimore County Fire Department	1.0 Hours
BLS CPR Renewal	Baltimore County Fire Department	2.0 hours
T-Pod Pelvic Stabilization Device	Baltimore County Fire Department	0.5 hours
10% Dextrose	Baltimore County Fire Department	1.0 hours
Epinephrine Preperation	Baltimore County Fire Department	1.0 hours
Stress First Aid for Fire & EMS	Baltimore County Fire Department	4.0 hours
Medsource Thermometer Training	Baltimore County Fire Department	0.5 hours
2018 Bloodborne Pathogens	Baltimore County Fire Department	1.0 Hours
2019 Bloodborne Pathogens	Baltimore County Fire Department	1.0 Hours

